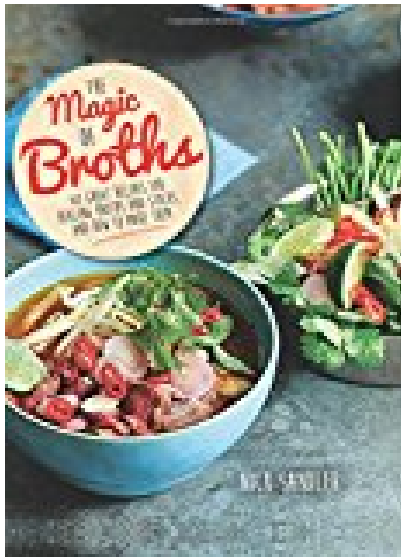


The Magic of Broths 60 Great Recipes for Healing Broths and Stock and How to Make Them



BOOK DETAILS

- Author : Nick Sandler
- Pages : 128 Pages
- Publisher : Kyle Books
- Language : English
- ISBN : 1909487414

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BOOK SYNOPSIS

Nick Sandler will guide you through bone broths with creative recipes that are both good for you and deliciously tasty. Broth will be split into 6 sections covering Stocks, Brunch and Lunch, Packed Lunch and Picnics, Family Food, Hearty Weekend Broths and Entertaining and Shabu Shabu. Broths are great for everyday eating, both at home and on the move, and Nick makes these nutritionally beneficial recipes accessible for the home cook. Comfort recipes such as Pork Meatball Broth with Tomatoes and Sliced Onion, or Lamb Hotpot will satisfy any appetite, while more exotic recipes like Sour Lime Broth with Squid provide a more adventurous challenge. With Nick's complete guide to broths you can enjoy this healthy, life-enhancing food to its full potential."

THE MAGIC OF BROTHS 60 GREAT RECIPES FOR HEALING BROTHS AND STOCK AND HOW TO MAKE THEM

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