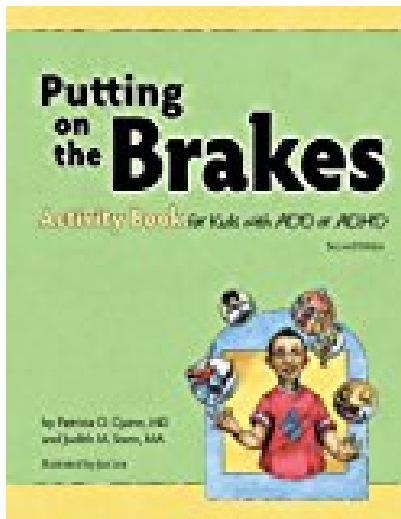


# Putting on the Brakes Activity Book for Kids with Add or ADHD



## BOOK DETAILS

- Author : Patricia O Quinn MD
- Pages : 96 Pages
- Publisher : Magination Press
- Language : English
- ISBN : 1433804417



## BOOK SYNOPSIS

Putting on the Brakes Activity Book for Kids with ADD or ADHD is an expanded and updated edition of the classic, best-selling workbook. This essential resource covers almost every area in a kids life affected by AD/HD. Fun activities teach kids to manage attention problems and helps them in setting priorities, planning, and maintaining control of their day-to-day activities. With this book, kids put their understanding of AD/HD into action and become empowered to use new skills and to be in charge their AD/HD. -----

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